

Spooner Area School District

801 County Highway A · Spooner, WI 54801 · 715-635-2171 · www.spooner.k12.wi.us

When to Keep Your Child Home from School - 2024-2025

Children should be kept home from school when they don't feel well and are exhibiting signs/symptoms of illness. A student who is ill must get rest in order to quickly heal & recover. If you are unsure of when to keep your child home, please contact the school nurse (x4050) or your family medical provider. Remember to use good handwashing and hygiene practices, avoid kissing, sharing drinks and use proper disinfection for frequently touched surfaces to help us prevent the spread of illness.

- **Fever:** An oral temperature of 100.4 or higher indicates a fever. Your child should stay home and be *fever free for 24 hours without the use of a fever reducing medicine (Tylenol (Acetaminophen), Motrin or Advil (Ibuprofen) product)* before returning to school.
- **Strep Throat:** If a fever is accompanied by a sore throat, stomach ache or headache it may be strep throat. Strep throat is diagnosed by a throat swab obtained at a medical clinic. If your child is treated with antibiotics for strep, the child must *stay home 12 hours* after initiating treatment.
- **Vomiting**: If your child has an episode of vomiting at school, they will be sent home unless vomiting is caused by a known health condition. The student may return to school after **24 hrs** of being throw up free, without taking anti nausea medication.
- **Diarrhea:** (3 or more loose stools in 24 hr period) If diarrhea is of unknown cause the student must be excluded until asymptomatic for **48 hrs** without taking antidiarrheal medication. Note ******Alcohol based hand hygiene is not effective against all gastric illness. Hand wash with soap and water.
- **Eyes:** Pink eye or Conjunctivitis appears as a pinkish sclera (white of the eye); it is usually itchy and painful. Drainage or crust may form on the eyelids. A visit to the doctor is needed to confirm pink eye. Students must stay home if unable to contain eye drainage (ie. touching/rubbing eyes, etc).
- **Skin problems**: Rashes and sores need to be diagnosed by a medical provider. Many skin rashes are very contagious. Students may return to school once the rash has resolved, or has been diagnosed, treated, and/or cleared by a medical provider (*Provider note must be given to the school*). Open sores from illnesses may need to be covered at school with bandages for several days.
- **Cough:** A cough may be a sign of many different illnesses. If a cough is accompanied by a fever, sore throat, body aches or any combination of these symptoms you should keep your child home. Any cough that lasts more than threedays should be discussed with a doctor.
- Lice: Our goal is to have the situation mitigated as soon as possible for the health and wellbeing of individuals and groups of students. Having lice does not necessarily exclude a student from school, Please see SASD Student handbook OR link on Health Services web page for further details.

COVID-19: Please see the Washburn County Covid Guidelines on SASD Health Services web page

**At any point when your child is struggling to participate in normal classroom activities due to illness, or if they are unable to contain bodily fluids related to illness, the health office may deem it necessary for a child to go home in order to prevent the spread of communicable diseases.